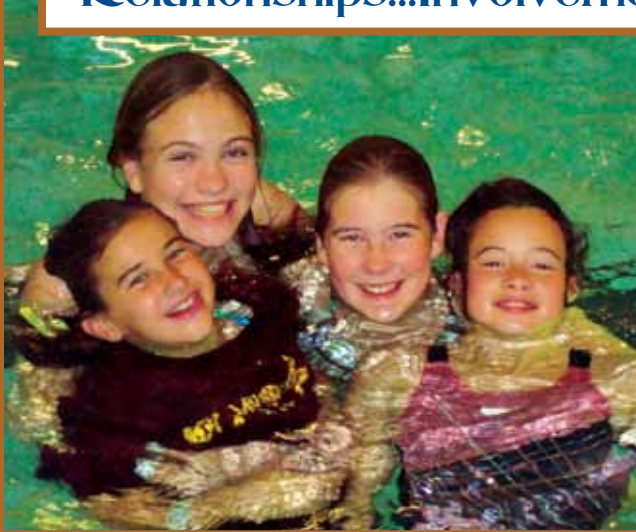




ANNUAL REPORT 2009



Ensuring the Success of Youth Relationships...Involvement...Learning



Lakes Area Youth Service Bureau
244 N Lake Street • Forest Lake, MN 55025
651-464-3685 • www.ysblakesarea.org

Message from the Executive Director and Board Chair

What do youth really need these days? They need the same thing they did 50-100- even 500 years ago.

They need healthy relationships, meaningful involvement and relevant learning experiences. And as we continue to experience the worst economic times since the Great Depression, youth need those elements more now than ever.

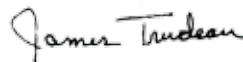
Thanks to you, our friends and supporters, LAYSB is able to continue providing essential enrichment and intervention support to area youth and their families. When the agency was first formed over 34 years ago, founders could only dream of a place where teens and families could get the help they needed to become productive, contributing citizens. Today that dream has been realized through the daily work of LAYSB's skilled and dedicated staff and volunteers. Today we serve over 1,700 youth, family members and volunteers. Today...

- We know that 82% of youth referred due to illegal activities will not re-offend in the future.
- Almost three quarters of the youth who come to us because of chemical use will decrease their use as a result of our services.
- Three quarters of our clients who complete counseling services will report a significant improvement of their problems.
- Over half the teens participating in our enrichment and leadership activities report to us that they would have otherwise been home alone and unsupervised.

As is true of all sectors in our economy, this past year has been a challenge. It has been tough, but we know that with our strong board leadership and amazing staff and volunteers we will come through these times and be stronger for it.

Thank you for partnering with us to make a positive difference in the lives of youth and their families.

Jim Trudeau
Board Chair



Jeanne Walz
Executive Director



"I was expecting to come here and get yelled at but the victims actually just wanted us to think about how we affect ourselves and others.

Thanks for giving me a second chance."

Youth Participant

CLIENT YEAR IN REVIEW HIGHLIGHTS

In 2009, LAYSB worked with 1,777 youth, family members and volunteers:

- 475 first-time and low-level youth offenders completed the Community Justice Program
- 129 at-risk youth and their families were provided counseling intervention and support
- 390 children and youth participated in teen enrichment/leadership services.
- 650 families in our communities received parenting services
- 133 community adults participated as volunteers

Shylo's Story



Shylo Stevens

I didn't like Forest Lake because it wasn't where I grew up – it wasn't a place I was familiar with and everyone treated me like I didn't belong. I'd make fun of people, call them names, and punch them - even my friends and family. But then I became sick of people not wanting to be around me and I wanted to change.

One day I was walking by LAYSB with a friend. She said her sister had won some kind of award from them. I had heard other kids talk about the fun they had there so we joined the Youth Advisory Board and all the other programs we could.

Because of this I learned how to be more presentable. Tovah (who is

LAYSB's Youth Enrichment Manager) played a major role. She would tell us about herself. She would even ask us how WE were doing!

The Youth Advisory Board is more fun than other groups because you can enjoy being in the community while still helping. My favorite activities are working with little kids and messing around with my friends at car washes. I think maybe I would have been doing bad things now if I wasn't with the Youth Advisory Board. I have made so many friends because of the bond I've made with people. Life leads you in directions, and because of the Youth Service Bureau, I chose a good direction at the right time.

Tom's Kids

It's hard to know where to begin. My husband, Tom Mehlhoff, had the ability to mentor and listen to young people. By doing so, he became an incredible force in their lives. He truly believed that there were no bad kids, just those who no one took time to get to know. LAYSB became his outlet to do this in a more formal setting (versus finding him sitting with a kid on the side lines of a ball game or out in a canoe on the lake). He became the single most dedicated advocate of the work that LAYSB does. Every one of our friends were fascinated by the stories of the youth.

After meeting him, it was never more than about

15 minutes before he was talking about "his" kids. People from a cruise ship in the Caribbean to the ski hills of Colorado to Puerto Vallarta always asked, "Are you still working with those kids?". It was the driving force of his life for the last 10-15 years. Tom knew about addictions, about divorce, about alcoholic parents, about being a little too smart and bored in school. He identified with kids who were not raised with Donna Reed or Ozzie and Harriet. AND he never forgot his high school math teacher who believed in him.

Since Tom's death in 2002, I have heard from many of Tom's "kids". They are adults

now. Most are doing very well. Just a few weeks ago, one of them found me on Facebook. "I don't know if you are even the right Mehlhoff, but I was a fan of Tom's." They always say the same things. "I'm doing fine." "I'm sober." "Never been in any more trouble." "I just wanted to talk about him or tell you what he meant to me." Most are married and happy. I don't know of one in serious trouble.

I have tried to help keep Tom's dream alive by donating to LAYSB in his name. I give 10% of my income from the veterinary hospital that we own each year. I ask friends and relatives to donate for

Christmas. Tom's first wife and her husband donate at his birthday each year. Why? Because he convinced us that the kids are important and that LAYSB is a way to make a difference. *Jan Mehlhoff*



Jan and Tom Mehlhoff

"I feel it is important to support the children in this world who need an extra lift in life." Volunteer

In 1976, Lakes Area Youth Service Bureau began helping local youth and their families with intervention support and enrichment programs. Today we serve kids and families throughout the expansive Forest Lake School District and all of Chisago County. We know that kids need the same thing they needed 50, 100, 500 years ago ...

The Work We Do

Healthy relationships - within families, with positive adult role models and with peers.

Meaningful involvement - LAYSB provides powerful opportunities for youth to learn about and engage in the world around them.

Relevant learning experiences – experiences youth choose to be involved in, are relevant to their interests, and are hands-on and free from judgment. High-quality learning experiences exist throughout LAYSB enrichment and intervention programming.

YOUTH ENRICHMENT PROGRAMS:

Youth Advisory Boards in Forest Lake and North Branch
Girls Groups
Senior/Youth Job Connection
Formal and Informal Mentoring Opportunities
Safe, Supervised Social Events
Educational and Adventurous Summer Camps

YOUTH AND FAMILY COUNSELING:

Crisis Services
REACH Anger Management Group (ages 13-15)
CoRE Skills: A DBT Group for Adolescents
Individual and Family Therapy

PARENTING SUPPORT AND EDUCATION:

Phone and Walk-In Crisis Support
Educational Classes
Parenting Education Resources (both print and online)

INTERVENTION SERVICES/ COMMUNITY JUSTICE:

Center around a Restorative Justice model where the victim, the offender, the offender's family, and the community come together to provide restitution, redirection, and support.

Incorporate evidence-based best-practices addressing chemical use and emotion and anger issues. Include group education classes dealing with tobacco awareness, chemical awareness, and trust-building classes for parents and teens.

"Youth is, after all, just a moment, but it is THE moment, THE spark, that you ALWAYS carry in your heart."

Raisa Gorbachev

LAYSB IS ALL ABOUT MAKING THE MOST OF THAT MOMENT!

"Young people may come for the activities, but they stay for the relationships"

Forum for Youth Investment



A portion of the Forest Lake Youth Advisory Board members who did a car wash and raised money to make fleece blankets for Forest Lake families in need.



Forest Lake Safety Campers inside an emergency vehicle.

The Impact We Make

RELATIONSHIP-RELATED ACCOMPLISHMENTS:

- **76%** of at-risk youth reported that they developed and maintained relationships with positive, caring adults through their contact with LAYSB.
- **86%** of clients completing counseling reported significant improvement in relationships with family and friends.
- **84%** of the youth who participated in leadership activities reported feeling respected and valued by adults for their contributions.

INVOLVEMENT AND MEMBERSHIP-RELATED ACCOMPLISHMENTS:

- **62%** of at-risk youth participants in our enrichment programs reported that they would have been home alone, unsupervised, or hanging out with friends during non-school hours had they not participated in LAYSB activities.
- **84%** of the youth reported they felt a stronger connectedness to their community after participating in LAYSB programs.

MEANINGFUL LEARNING EXPERIENCES-RELATED ACCOMPLISHMENTS:

- **82%** of at-risk youth who completed LAYSB's Community Justice Program had no further involvement in illegal activities.
- **86%** of at-risk youth reported that they increased their decision-making skills.
- **76%** of at-risk youth and families who completed counseling reported significant improvement in the problems addressed through therapy.
- **89%** of youth participating in enrichment activities reported that they learned new skills and knowledge or reinforced existing skills and knowledge.
- **95%** reported that the enrichment activity was a good use of their time.

"This program (YAB) fosters responsibility and integrity in young adults and sculpts successful young adults who are ready to give their ideas to the hopeful future of our world." Cina Dean

"Yes, it (YAB) has (changed me for the better) because it raises my spirits and makes me feel like I belong." Meghan Falkosky



Bassmasters Youth Fishing Tournament participant Michaela Anderson.



Forest Lake Youth Advisory Board member Lexi Palmquist at a car wash fundraiser.



North Lakes Academy volunteers cleaning up LAYSB's Peace Garden.

Board of Directors 2009

Jim Trudeau, Chair
Erin Turner, Chair Elect
Kathy Lillis, Past Chair
Bea Zaruba, Secretary
Clark Quiring, Treasurer

Brian Alm
Mike Aschenbrener
Rob Collins
Cheri Dexter
Joe Grafft
Mike Haseltine
Joe Kryschyshen
Linda Madsen
Mel Mettler
Rich Ottomeyer
Lynn Steenblock
Renee Wagner



Forest Lake Lions Club donated \$3000 in support of LAYSB programs and services.



Duane Nelson, Forest Lake Wal-Mart store manager, presented a \$2000 check to LAYSB.



Associated Eye Care repairs clients glasses at no charge and instead encourages a donation be given to LAYSB.



Jerry Hendrickson of Security Victor Insurance Agency, presented a \$698 check representing proceeds from their "Shredding Event."



Pastor JoAnne Amarel and Bea Zaruba from Wyoming United Methodist Church contributed over \$2100 in proceeds from their Annual Fall Supper.



Sunrise Bassmasters annually contribute funds from their Fall Fishing Tournament.

We Did It!

Our Partners for the Future Initiative Goal of \$30,000 has been reached!

Three years ago, the St. Croix Valley Foundation (SCVF) selected Lakes Area Youth Service Bureau as one of nineteen nonprofit organizations to participate in an amazing, once in-a-lifetime challenge initiative called Partners for the Future. SCVF pledged to match, dollar for dollar, funds raised by the selected nonprofit organizations which were then invested in a permanent fund at the Foundation.

We are excited to announce that we have achieved our campaign goal of \$30,000 cash and pledges! Our new Partners for the Future Permanent Fund of \$60,000 will allow us to better plan our future. Annual interest generated from the permanent fund will be used to stabilize current programs and provide support for new initiatives that ensure the success of youth. This is a great beginning of an ongoing effort to build the fund for the future.

A very special thank you goes to our campaign chairs, Bea Zaruba and Jim Trudeau, for their never-wavering commitment to our goal. We also want to thank everyone in the community that supported our Partners for the Future Initiative campaign! Because of caring people like you, LAYSB is stronger and better able to respond to the challenges we expect to face in the future.

\$5000 Plus Club

Andersen Corporate
Foundation
Fred C. and Katherine B.
Andersen Foundation

\$3000 Plus Club

Erin Campbell
Forest Lake Lions Club
Forest Lake Safety Camp
Jan Mehlhoff
Mytech Partners, Inc.*
Jeff and Renee Wagner

**indicates Gift of Service*

2009 Community Partners

Alliance/Cash Value Card
America's Charities
Chisago County
City of Chisago
City of Columbus
City of Forest Lake
City of Hugo
City of Lindstrom
City of Scandia
City of Wyoming
Community Shares of
Minnesota
Consolidated Federal
Campaign
Gannett Company Employee
Giving Campaign
Greater Twin Cities United Way
Marketplace We Care Program
MN Department of Corrections
MN Department of Public
Safety, Office of
Juvenile Justice Programs
Nelson's Market Community
Cash Program
Town of Fish Lake
Town of Linwood
Town of May
United Way of Washington
County East
United Way of Southeastern PA
Washington County
Community Corrections
Wells Fargo Community
Support

\$1000 Plus Club

Brian Alm
Karen Alm
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American Spirit Graphics
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Blaine Lions Club
Oscar and Val Carlson
Forest Lake Rotary Club
Hallberg Family Foundation
Clare and Kathy Lillis
Drs. Betty Maloney and
Ralph Magnusson
Mall of America Pond Funds
Maranatha Assembly of
God Church
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St. Croix Valley
Foundation Grant
Target, Forest Lake
Kenneth and Jane Vohs
Wal-Mart, Forest Lake
Robert and Jeanne Walz
Wyoming United
Methodist Church

Matched Gifts

Allstate Giving campaign
Ameriprise Financial
Employee Gift Matching
Campaign
St. Croix Valley Foundation
Thomson Reuters Workplace
Giving Campaign



Fishing team participating in Sunrise Bassmasters Youth Fishing Tournament.

Sponsor-A- Youth (\$325 and above)

Mike and Mary Aschenbrener
Dave and Laurie Drolson
Jeffrey L. Dunn
Brian Brogmus and
Claire Kotts
Faith Lutheran Church
First State Bank of Wyoming
Joseph Gmitter
Joe and Kathy Grafft
Bill and Nancy Haring
Dennis Hegberg
Jodi Kraemer
The Lidstad Family
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Stacy-Lent Fire Department
Relief Association
St. Gregory the Great
Catholic Church
Sunrise Bassmasters
TCF Bank
Charmagne Wallin
Myron and Bea Zaruba

MEMORIALS AND HONORARIUMS

In Memory of Henry Bierma
Bruce and Barb Swanson

*In Memory of
Judge David Doyscher*
Robert and Joseph Sorman
Robert and Jeanne Walz

In Memory of Susan Grove
Bruce and Barb Swanson

In Memory of Mark Hansen
Brian Brogmus and
Claire Kotts

*In Memory of
Brianna Rae Hestekin*
Rodney and Betty Hestekin

In Memory of Jim Masteller
Barb Masteller

In Memory of Tom Mehlhoff
Jan Mehlhoff

*In Memory of
Judge Douglas Swenson*
Jennings, DeWan and
Anderson, LLC
Bruce and Barb Swanson
Robert and Jeanne Walz

*In Memory of
Kelly Jeanne Thompson*
Daniel and Nancy DeWan
Robert and Jeanne Walz
Richard and Elaine Willis

In Memory of Carl Walz
Robert and Jeannine Walz

In Memory of Mike Whalen
Bruce and Barb Swanson

In Honor of Tovah Marek
Deane and Jeannine Rusinko

In Honor of Kristen Tuenge
Robert and Jeanne Walz

THANK YOU TO ALL!

We've tried to list all of our 2009 donors and volunteers, but please accept our apology if you do not see your gift of financial support, in-kind contribution, or volunteer service listed.

2009 Youth Page Sponsors

Anderson-Koch Ford
Auto Werks
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Birchwood Health Care
Communities
Coldwell Banker Pro IV Realty
Cornerstone Pub and Prime
Customized Safety Training
Fairview Lakes Health Services
First State Bank of Wyoming
Green Door Consignment
Hazelden
Howell Heating
Johnson and Turner
Attorneys at Law
Lake House
Lakes International
Language Academy
Mainstreet Bank
Marco Products
Mincco Credit Union
Minnesota Energy

North Lakes Academy
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Patriot Bank Minnesota
Perry's Auto Salon
The Riverbank-Wyoming
Rychley Tax and
Financial Services
Schlomka Services, LLC
Security State Bank of
Marine-Forest Lake
Security State Bank of
Marine-Lindstrom
Silver Lane Quilting
South Shore
Veterinary Hospital
State Farm Insurance
The River Bank-Chisago City
The Silver Shears
Thomco Carpet
Village Inn

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John Serpico
American Legion Post 85
Dick and Sandy Anderberg
Christine Anderson
Lyle and Karen Anderson
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Lou Arnold
Martha Arnold
Rick Ashbach and
Daniela Meneghetti
Associated Eye Care
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Don and Karen Bulen
Bob and Stephanie Busch
Carolyn Cagle
Gail Cardinal
Dan Carlson
Philip and Audrey Carlson
Ed and Joanne Cary
Chisago City Fire
Relief Association
Chisago Lakes Lions Club
Danny Cochran
Rob and Tammy Collins
Columbus Lions
David and Cheryl Copham

"We are truly amazed and blessed with the progress our son has made here! We are now a happy family again." Counseling Client

"LAYSB gave me the opportunity to grow during a time when my environment was shaky and needed stability. I will forever be grateful for that." Youth



Forest Lake Fireman with Safety Camp participants.

Non-Cash or In-Kind Gifts in Support of LAYSB Programs and Services

American Legion Post 225
Aurora Graphic Design
Autumnwood Farm
Bachman's Photography
Bare Essentials
Bella Café and Fudge
Betty's Pies
Blockbuster
Build a Bear
Bullseye Shooting Range
Captain's Catering
Carousel Hair Care
Circle E Wine and Spirits
Cookie Cart
Country Home Bakery
County Line liquor
Creative Memories
Cub Foods
Dance Element
Dance Sport Center
Daniela's
Dino's Hoagies and Pizza

Don Julio Authentic
Mexican Restaurante
Eichten's Market and Cafe
First State Bank of Wyoming
Forest Lake Ace Hardware
Forest Lake Floral
Forest Laker
Forest Lane Resort
Friar Tuck's Pub
Glamour Shots
Goetz Property Maintenance
and Landscaping
Grand Casino Hinckley
Jodi's Komfort Kitchen
Just More Books
Little Peanut Creations
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Prairie's Edge Casino Resort
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Red Oak Steaks and Wine
Roberts Family Funeral Home
Running Aces Harness Park
Rybicki Cheese
Sheepy Yarn Shoppe
Shepherd's Choice
Sherwin Williams
Soup Du Joor
Stars and Strikes
Entertainment Center
Stone Struck Designs
Summit Inn Bed and Breakfast
Tangled Up in Blue
The Lodge of Forest Hills
The Lodge at Giants Ridge
Timeless Elements
Tucci Bennuch
Underwater Adventures
Village Inn

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Wine and Roses Liquors
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Ryan Barry
Denise Dietz
Lauren Freathy
Heather Jo Gilbertson
Jackie Hays
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Jackie Kottke
Matt and Tovah Marek
Amy O'Neil
Amanda Parenteau
Jerry and Donna Peterson
Ted Reeck
Gary and Wendy Rychley
Julie Utech
Renee Wagner
Bob and Jeanne Walz

"I have come up with better ways to spend my time and I will try to make better choices." Youth



Youth recipient of the 2008 On Behalf of Youth Award, Cina Dean, was also presented an award by Brittany McFadden of Tobacco Free Youth Recreation.



Bea Zaruba, receives LAYSB's 2008 On Behalf of Youth Award from Jim Trudeau.



The 2008 James Trudeau Award was presented to police Officer Pete Godfrey (center) by Jim Trudeau and Sheriff Bill Hutton, Washington County.

"I have heard it said that it takes a community to raise a child. I saw a wonderful process happen here, we all came together as a community and made a difference!" Victim

Friends

Steven and Patricia Curtis
 Petra Cusick
 Daniel and Nancy Dewan
 Jim DeWan
 Mark and Debra DeWan
 Bruce W. Jack Doepke
 Chantal Doriott
 Lori Engel
 Rodney and Ellen Erickson
 Ken and Valerie Falk
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 Forest Lake Ace Hardware
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 Louise Fortuna
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 Thomas and Debra Wall
 Kari Lyn Wampler
 G. Wavrin
 Steve Whitaker
 Gary White
 Richard and Elaine Willis



Our Volunteers

2009 YOUTH VOLUNTEERS



Safety Camp volunteer junior counselors.



Volunteer Julie Utecht



Volunteer Carolyn Cagle

Kelsy Asklund	Jules Gamboni	Nick Maier
Leah Bentfield	Hannah Gass	Molly Marrin
Dana Bentfield	Adrienne Goblisch	Ellie Manteufel
Courtney Betsch	Britnay Grant	Skylar Masloski
Jill Boege	Marissa Hart	Taylor Munson
Tom Brenberg	Rebecca Ihamak	Lauren Novak
Barb Brown	Liana Johnson	Joel Ohman
Travis Brown	Monica Johnson	Alexis Palmquist
Brooke Brown	Jennifer Johnson	Bailey Parenteau
Britney Brown	Mollie Johnson	Skylah Rachel
Jenny Cash	Casey Johnson	Alyssa Riebe
Cina Dean	Taylor Kasprzak	Dustin Riehm
Autumn DelVecchio	Veronica Krawiec	Michael Rivard
Madeline Emholz	Ross Larson	Anthony Rivard
Natalie Emholz	Dylan Lentz	Travis Rosauer
Meghan Falkosky	Laura Lundstrom	Megan Schmidt
Beau Fandel	Ashley Mages	Taylor Schoonover

"LAYSB was there for me at a critical time in my adolescence. I made great friends, learned life skills, and truly bettered myself by being a part of the agency. Now, as a volunteer, I am able to give back to the agency and help continue the wonderful services that they offer to youth and adults that truly need them as I once did." Volunteer



Safety Camper getting fitted for a brand new bike helmet.

2009 ADULT VOLUNTEERS

Matthew Aquirre	Steve Hallin	Linda Rambow
Bridget Algieri	Mike Haseltine	Steven Ruter
Shari Bachman	Connie Hendrickson	Renee Salzman
Kathy Bakke	Dan Hesselgrave	Jackie Scheldorf
Andrea Bakken	Ashley Hoff	Gloria Sedok
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Joor Erin	Christina Milam	Jim Trudeau
Joseph Fewer	Kim Moos	Erin Turner
Michael Finamore	Tessa Nelson	Julie Utecht
Jacqueline Foy	Carla Norelius	Renee Wagner
Lauren Freathy	Cindy Oberg-Hauser	Jeanne Walz
Jon Friedhof	Don Oberg-Hauser	Greg Weiss
Heather Gilbertson	Karen Peterson	Ashley Wittmer
Mark Gillen	Donna Peterson	Kathy Wright
Pete Godfrey	Jessica Pogorelec	Bea Zaruba
Dara Hagen	Mary Pokluda	Emily Ziemer
Ramona Hall	Tracy Quarnstrom	



Youth Advisory Board members attracting dirty car drivers to their car wash.

2009 SUPPORT PROGRAM REVENUE

Counties.....	\$87,150
Municipalities	\$43,930
State of Minnesota.....	\$84,271
Client Fees Paid	\$53,157

SUPPORT:

Contributions.....	\$84,506
Foundation Grants	\$23,250
United Way.....	\$34,961
In-Kind Donations	\$37,814

OTHER INCOME:

Interest Income	\$12,658
Special Events	\$17,351
Miscellaneous	\$12,136

Total Support & Revenue .. \$491,184

2009 EXPENSES:

Program Services.....	\$398,885
General and Administrative.....	\$33,615
Fundraising and Development ..	\$35,952

Total Expenses \$468,452

CHANGE IN NET ASSETS.....\$22,732

NET ASSETS,

BEGINNING OF YEAR..... \$428,695

NET ASSETS,

END OF YEAR \$451,427



Save The Date and Time!

Thursday, July 15, 2010 • 5:30pm to 8:00pm



Stars & Strikes Entertainment Center in Wyoming will host our TASTE! event.

TASTE! allows you to munch your way through samples from appetizers to desserts, showcasing the best of Lakes Area Dining!

There will be plenty of indoor and outdoor seating for you to enjoy our tastiest fundraising event. Tickets will be available soon.

Saturday, Oct. 9, 2010 • 6:00pm

Running Aces Harness Park in Columbus will host the Black Tie to Blue Jeans Ball, LAYSB's premier fundraising event.

Dress in your finest attire or wear your blue jeans. Come to socialize while enjoying a fabulous dinner, music, entertainment, prizes and a great live auction!

Invitations will be sent. To be included on our invitation list, please contact us.



2009 LAYSB Annual Report design courtesy of Aurora Graphic Design • linda@auroragraphic.net



244 N Lake Street

Forest Lake, MN 55025

www.ytblakesarea.org

Current resident or:



Ensuring the Success of Youth Relationships...Involvement...Learning

Front cover photos top: Youth Advisory Board members enjoying service projects. Below: Youth having a blast at the annual Teen Lock In.

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